

# Silver Fillings / Amalgam Fillings: Instructions

Do not bite together hard or eat on new amalgam fillings for 2 to 3 hours. Do not eat hard or very crunchy foods for 24 hours.

Children should be observed until the anesthetic wears off. Due to the strange feeling of the anesthetic, many children will chew the inside of their lips, cheeks or tongue, which can cause serious damage.

The numbing in the upper jaw will last approximately 1 hour, and the numbing in the lower jaw will last up to 4 hours. A soft diet is recommended until the numbing wears off. Also, avoid hot drinks or foods until the numbing is gone.

Sensitivity, especially to cold, is common following a dental restoration. The sensitivity may last several days to several months depending on how deep the cavity penetrated your tooth. The sensitivity is usually most noticeable the first 12 to 24 hours after the anesthetic wears off and then disappears slowly.

The gum tissue may have been irritated during the procedure and may be sore for a few days. The site where the anesthetic injection was given may also be sore for a few days.

Please follow prescribed oral hygiene instructions-45 degree angle brushing twice a day and flossing once a day to avoid getting a cavity or gum disease around the filling.

The finished restoration may be contoured slightly different and have a different texture than the original tooth. Your tongue usually magnifies this small difference, but you will become accustomed to this in a few days.